



November

IMPORTANT DATES

- Nov. 7: Chick-fil-a Day
 16: Thanksgiving Feast
 21-23: No classes *Happy Thanksgiving*
 28 & 29: Picture make up days at Ervin's Photography Studio from 11:00-2:30

Planning ahead:

- Dec. 5: Chick-fil-a Day
 9: Breakfast with the King
 12: Christmas Praise for 3's, Pre-K and K Classes
 19: "Happy Birthday Jesus" Parties
 19: Last Day before Christmas Break



BREAKFAST WITH THE KING

Join us on **Saturday, December 9th**, from **9:00 to 10:30** in the FBC Chapel. Bring the whole family to see and hear the story of Jesus' birth. There will be a pancake breakfast, singing, games, and lots of fun! Invite your neighbors and friends!

Register in the Children's lobby or email kids@fbctulsa.org.

THANKSGIVING FEAST

The time is near for our annual ABC Thanksgiving Feast, to be held on Thursday, **November 16th**. The children will be gathered together in two large groups to share a meal like the Pilgrims and Indians of long ago.

You will not need to send a lunch on that day unless your child has food allergies that keeps him/her from being able to partake of this meal. In that case, you are welcome to send a lunch with them.

Our menu will include:

chicken nuggets	fruit
juice boxes	cheese
bread and butter	corn
Cookies	

Though not exactly your traditional Thanksgiving meal, the children have enjoyed this menu in the past and we think they will again. We hope this will be a joyful time for the children to share with all of their preschool and Kindergarten friends.

**"Oh give thanks to the LORD,
 For He is good, for His lovingkindness
 is everlasting."
 Psalm 107:1**



PICTURE MAKE UP DAY

Ervin Photography will have their Preschool make-up days on **Nov.**

28th & 29th, at their studio in Jenks from 11:00-2:30. Please call the studio for an appointment. 918-209-5050



Fun ideas from our friends at
BUILDING ALL CHILDREN

Build your child's motor muscle skills with pumpkins this fall! Grab a bag of golf tees at Walmart or from a golfer in the family; buy a mallet or soft, rubber hammer at the Dollar Tree; and use a large pumpkin. Have kids pound golf tees into the pumpkin to create designs or faces on the pumpkin. No carving, no mess! Just fun creating and building motor muscle skills!



COLD AND FLU SEASON



The season of colds, flu, and other viruses is upon us. We ask for your help in keeping all the children, as well as the teachers, safe and healthy. Here are a few things you can do to help:

Do not bring your child to school if he/she has been sick in any way within the last 24 hours. (see parent handbook page 11)

Please wash your child's rest mat or blanket on a regular basis.

Please help us teach your child to cover his/her mouth by coughing or sneezing into the crook of the arm instead of the hand.

WOMEN'S MINISTRY @ FBC

Women's Bible Studies

We would love to have you join us for our Women's Bible studies! Classes will begin **Thursday, Jan. 11th**. Class options and information on how to sign up coming soon. Childcare is provided.

Biblical Counseling

Many women deal with depression, anxiety, fear, abuse, guilt, and so much more! God's word provides healing, there is no shame or embarrassment. Our counselors are certified as Biblical Counselors. We are not professional counselors nor certified through the state. We use strictly the Scripture to address all concerns. Sessions are confidential and homework is mandated.

Mentoring

The Women's Ministry Mentoring Program will match you with a more "spiritually mature" woman from FBC for the purpose of growth and discipleship. The mentoring program is designed to last 6 weeks with the participants meeting together at least once a week.

Moms to Mom

Mothers of children ages Birth-College meet the 2nd and 4th Wednesdays of every month, 9:30am-11:30am during the school year. Attendance at FBC is not required. During the meetings you have the opportunity to develop friendships, and to be encouraged by God's Word and by other moms. Childcare is provided.

For information on any of these ministries, contact Janis David at janis.david@fbctulsa.org.